

March 2024 Vero Beach DayAway

Adult Enrichment & Respite Center

Monday – Friday 7:30 am — 5:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Afternoon Activities <ul style="list-style-type: none"> • Weekend Warm-up Exercise • Balloon Volleyball • Bingo • Table Top Activities & Trivia • Crosswords & Coloring • Reading Corner
4 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Chair Aerobics • Table Top Activities • 52 weeks of Trivia • Crosswords & Coloring • Reading Corner 	5 Afternoon Activities <ul style="list-style-type: none"> • Fitness Fun • Pin Drop • Seasonal Bingo • Free Choice Floor Game • Crosswords & Coloring • Reading Corner 	6 <i>ARTFUL ENGAGEMENT 10 AM</i> Afternoon Activities <ul style="list-style-type: none"> • Bodies in Motion • Smile Been Bag Toss • Kickball • Table Top Activities & Trivia • Crosswords & Coloring • Reading Corner 	7 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Light & Lively Exercise • Target Toss Game • Table Top Activities • Crosswords & Coloring • Reading Corner 	8 Afternoon Activities <ul style="list-style-type: none"> • Weekend Warm-up Exercise • Pin Drop • Bingo • Table Top Activities & Trivia • Crosswords & Coloring • Reading Corner
11 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Chair Aerobics • Table Top Activities • Mental Floss Trivia • Crosswords & Coloring • Reading Corner 	12 Afternoon Activities <p style="text-align: center;">Closing at 12:15pm!!!</p> <p style="text-align: center;">No Afternoon Activities!!!!</p>	13 <i>ARTFUL ENGAGEMENT 10 AM</i> Afternoon Activities <ul style="list-style-type: none"> • Bodies in Motion • Splattered Paint Beanbag Toss • Beanbag Toss • Table Top Activities & Trivia • Crosswords & Coloring • Reading Corner 	14 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Light & Lively Exercise • Tennis Ball Toss • Table Top Activities • Crosswords & Coloring • Reading Corner 	15 Afternoon Activities <ul style="list-style-type: none"> • Weekend Warm-up Exercise • Colorful Cans & Ring Toss • Bingo • Table Top Activities & Trivia • Crosswords & Coloring • Reading Corner
18 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Chair Aerobics • Table Top Activities • Know It All Trivia • Crosswords & Coloring • Reading Corner 	19 Afternoon Activities <ul style="list-style-type: none"> • Fitness Fun • Basketball • Trivia Bingo • Free Choice Floor Game • Crosswords & Coloring • Reading Corner 	20 <i>ARTFUL ENGAGEMENT 10 AM</i> Afternoon Activities <ul style="list-style-type: none"> • Bodies in Motion • Ring around the Cone • Dice Game • Balloon Volleyball • Table Top Activities & Trivia • Crosswords & Coloring 	21 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Dice Game • Kickball • Table Top Activities • Crosswords & Coloring • Reading Corner 	22 Afternoon Activities <i>BITES OF WISDOM WITH FLORIDA HEALTH 1:30PM</i> <ul style="list-style-type: none"> • Weekend Warm-up Exercise • Bowling Blast • Table Top Activities & Trivia • Crosswords & Coloring • Reading Corner
25 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Chair Aerobics • Table Top Activities • 12 Months of Trivia • Crosswords & Coloring • Reading Corner 	26 <i>PET THERAPY 10:30 AM</i> Afternoon Activities <ul style="list-style-type: none"> • Fitness Fun • Alphabet Antics • Bingo • Free Choice Floor Game • Crosswords & Coloring • Reading Corner 	27 <i>ARTFUL ENGAGEMENT 10 AM</i> Afternoon Activities <ul style="list-style-type: none"> • Bodies in Motion • Smile Been Bag Toss • Kickball • Table Top Activities & Trivia • Crosswords & Coloring • Reading Corner 	28 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Light & Lively Exercise • Beach Ball Parachute • Table Top Activities • Crosswords & Coloring • Reading Corner 	29 <p style="text-align: center; color: red; font-size: 2em;"><i>CLOSED</i></p>



Senior Resource
ASSOCIATION

Promoting Independence in Our Community

Morning Programs:

8:30 am -11:30 am

Morning Mingle & Coffee
News & Review
Sit & Get Fit Exercise
Brain Games
Arts & Crafts
Tabletop Games
Floor Games
Patio Fun

Lunch: 11:30 am-12:00 pm
PM Snack: 2:30 pm

Rest Period

Movie Matinee

12:00 pm-1:30 pm

Afternoon Programs:

Location:
694 14th Street
Vero Beach, FL 32960

Direct : 772.469.2059
Main: 772.569.0760 ext.113
Transport: 772.569.0903