

May 2024 Vero Beach DayAway

Adult Enrichment & Respite Center
Monday – Friday 7:30 am – 5:30 pm



Senior Resource
ASSOCIATION
Promoting Independence in Our Community

Morning Programs:
8:30 am -11:30 am

Morning Mingle & Coffee
News & Review
Sit & Get Fit Exercise
Brain Games
Arts & Crafts
Tabletop Games
Floor Games
Patio Fun

Lunch: 11:30 am-12:00 pm
PM Snack: 2:30 pm

Rest Period
Movie Matinee
12:00 pm-1:30 pm

Afternoon Programs:
1:30 pm - 5:30 pm

Activities subject to change

Location:
694 14th Street
Vero Beach, FL 32960

Direct : 772.469.2059
Main: 772.569.0760 ext.113
Transport: 772.569.0903

SeniorResourceAssociation.org

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <i>ARTFUL ENGAGEMENT 10 AM</i> Afternoon Activities <ul style="list-style-type: none"> Bodies in Motion Smile Bean Bag Toss Kickball Table Top Activities & Trivia Crosswords & Coloring Reading Corner 	2 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> Light & Lively Exercise Table Top Activities Trivia Chit Chat Crosswords & Coloring Reading Corner 	3 Afternoon Activities <ul style="list-style-type: none"> Weekend Warm-up Exercise Pin Drop & Dice Game Bingo Table Top Activities & Trivia Crosswords & Coloring Reading Corner
6 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> Chair Aerobics Table Top Activities Alphabet Antics Crosswords & Coloring Reading Corner 	7 Afternoon Activities <ul style="list-style-type: none"> Fitness Fun Tulip Toss Bingo Free Choice Floor Game Crosswords & Coloring Reading Corner 	8 <i>ARTFUL ENGAGEMENT 10 AM</i> Afternoon Activities <i>VNA MUSIC THERAPY 1:30PM</i> <ul style="list-style-type: none"> Bodies in Motion Axe Throw Beanbag Toss Table Top Activities & Trivia Reading Corner 	9 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> Light & Lively Exercise Table Top Activities Trivia Chit Chat Crosswords & Coloring Reading Corner 	10 Afternoon Activities <ul style="list-style-type: none"> Weekend Warm-up Exercise Colorful Cans & Ring Toss Bingo Table Top Activities & Trivia Crosswords & Coloring Reading Corner
13 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> Chair Aerobics Table Top Activities Know It All Trivia Crosswords & Coloring Reading Corner 	14 Afternoon Activities <i>ACCORDION W/ THOM 1:30PM</i> <ul style="list-style-type: none"> Fitness Fun Basketball Trivia Bingo Free Choice Floor Game Crosswords & Coloring 	15 <i>ARTFUL ENGAGEMENT 10 AM</i> Afternoon Activities <ul style="list-style-type: none"> Bodies in Motion Ring around the Cone Dice Game Balloon Volleyball Table Top Activities & Trivia Crosswords & Coloring 	16 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> Dice Game Table Top Activities Trivia Chit Chat Crosswords & Coloring Reading Corner 	17 Afternoon Activities <ul style="list-style-type: none"> Weekend Warm-up Exercise Bowling Blast & Kickball Bingo Table Top Activities & Trivia Crosswords & Coloring Reading Corner
20 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> Chair Aerobics Table Top Activities 12 Months of Trivia Crosswords & Coloring Reading Corner 	21 <i>PET THERAPY 10AM</i> Afternoon Activities <i>BITES OF WISDOM WITH FLORIDA HEALTH 1:30PM</i> <ul style="list-style-type: none"> Fitness Fun Sticky Ball Target Toss Bingo Crosswords & Coloring Reading Corner 	22 <i>ARTFUL ENGAGEMENT 10 AM</i> Afternoon Activities <i>VNA MUSIC THERAPY 1:30PM</i> <ul style="list-style-type: none"> Bodies in Motion Splattered Paint Beanbag Toss Kickball Table Top Activities & Trivia Crosswords & Coloring 	23 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> Light & Lively Exercise Table Top Activities Trivia Chit Chat Crosswords & Coloring Reading Corner 	24 Afternoon Activities <ul style="list-style-type: none"> Weekend Warm-up Exercise Axe Throw & Parachute Bingo Table Top Activities & Trivia Crosswords & Coloring Reading Corner
27 CLOSED	28 <i>PET THERAPY 10AM</i> Afternoon Activities <i>ACCORDION W/ THOM 1:30PM</i> <ul style="list-style-type: none"> Fitness Fun Pin Drop Seasonal Bingo Free Choice Floor Game Crosswords & Coloring 	29 <i>ARTFUL ENGAGEMENT 10 AM</i> Afternoon Activities <ul style="list-style-type: none"> Bodies in Motion Smile Bean Bag Toss Kickball Table Top Activities & Trivia Crosswords & Coloring Reading Corner 	30 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> Light & Lively Exercise Table Top Activities Trivia Chit Chat Crosswords & Coloring Reading Corner 	31 Afternoon Activities <ul style="list-style-type: none"> Weekend Warm-up Exercise Pin Drop & Dice Game Bingo Table Top Activities & Trivia Crosswords & Coloring Reading Corner