

# May 2025 Vero Beach DayAway

Adult Enrichment & Respite Center

Monday – Friday 7:30 am — 5:30 pm



Senior Resource  
ASSOCIATION

Promoting Independence in Our Community

## Morning Programs:

8:30 am -11:30 am

Morning Mingle & Coffee  
News & Review  
Chair Aerobics  
Chair Yoga  
Brain Games  
Arts & Crafts  
Tabletop Games  
Floor Games  
Patio Fun

Lunch: 11:30 am-12:00 pm

PM Snack: 2:30 pm

Rest Period/ Movie Matinee

12:00 pm-1:30 pm

## Afternoon Programs:

1:30 pm - 5:30 pm

Activities subject to change without  
notice

Location:  
686 14th Street  
Vero Beach, FL 32960

Main: 772.569.0760 ext.113  
Transport: 772.569.0903

SeniorResourceAssociation.org

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1 Afternoon Activities</b>  <b>MUSIC W/ HOBO JIM 1:30PM</b> <ul style="list-style-type: none"> <li>• Table Top Activities</li> <li>• Magic Table</li> <li>• Crosswords &amp; Coloring</li> <li>• Reading Corner</li> </ul>	<b>2 VB ART CLUB 10 AM</b>  <b>Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Light &amp; Lively Exercise</li> <li>• Bowling Blast &amp; Dice Game</li> <li>• Bingo</li> <li>• Table Top Activities &amp; Trivia</li> <li>• Crosswords &amp; Coloring</li> </ul>
<b>5 PET THERAPY 10AM</b>  <b>Afternoon Activities</b> <b>MUSIC W/ HOBO JIM 1:30PM</b> <ul style="list-style-type: none"> <li>• Table Top Activities</li> <li>• Trivia Talk</li> <li>• Crosswords &amp; Coloring</li> <li>• Reading Corner</li> </ul>	<b>6 PET THERAPY 10AM</b>  <b>Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Fitness Fun</li> <li>• Tulip Toss</li> <li>• Bingo</li> <li>• Free Choice Floor Game</li> <li>• Crosswords &amp; Coloring</li> </ul>	<b>7 VB MUSEUM OF ART 10 AM</b>  <b>Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Corn Hole</li> <li>• Kick Ball</li> <li>• Ring Around the Cone</li> <li>• Table Top Activities &amp; Trivia</li> <li>• Crosswords, Coloring, &amp; Reading</li> </ul>	<b>8 Afternoon Activities</b>  <b>MUSIC W/ HOBO JIM 1:30PM</b> <ul style="list-style-type: none"> <li>• Table Top Activities</li> <li>• Magic Table</li> <li>• Crosswords &amp; Coloring</li> <li>• Reading Corner</li> </ul>	<b>9 VB ART CLUB 10 AM</b>  <b>Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Light &amp; Lively Exercise</li> <li>• Ring Toss &amp; Balloon Swat</li> <li>• Bingo</li> <li>• Table Top Activities &amp; Trivia</li> <li>• Crosswords &amp; Coloring</li> </ul>
<b>12 PET THERAPY 10AM</b>  <b>Afternoon Activities</b> <b>MUSIC W/ HOBO JIM 1:30PM</b> <ul style="list-style-type: none"> <li>• Table Top Activities</li> <li>• 12 Months of Trivia</li> <li>• Crosswords &amp; Coloring</li> <li>• Reading Corner</li> </ul>	<b>13 PET THERAPY 10AM</b>  <b>Afternoon Activities</b> <b>MUSIC THERAPY W/VNA 1:30PM</b> <ul style="list-style-type: none"> <li>• Sticky Ball Target Toss</li> <li>• Bingo</li> <li>• Free Choice Floor Game</li> <li>• Crosswords &amp; Coloring</li> </ul>	<b>14 VB MUSEUM OF ART 10 AM</b>  <b>Afternoon Activities</b> <b>NUTRITION EDUCATION W/TC FOODBANK 1:30PM</b> <ul style="list-style-type: none"> <li>• Axe Throw</li> <li>• Kick Ball</li> <li>• Table Top Activities &amp; Trivia</li> <li>• Crosswords, Coloring, &amp; Reading</li> </ul>	<b>15 Afternoon Activities</b>  <b>MUSIC W/ HOBO JIM 1:30PM</b> <ul style="list-style-type: none"> <li>• Table Top Activities</li> <li>• Magic Table</li> <li>• Crosswords &amp; Coloring</li> <li>• Reading Corner</li> </ul>	<b>16 VB ART CLUB 10 AM</b>  <b>Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Light &amp; Lively Exercise</li> <li>• Colorful Cans &amp; Axe Throw</li> <li>• Bingo</li> <li>• Table Top Activities &amp; Trivia</li> <li>• Crosswords &amp; Coloring</li> </ul>
<b>19 PET THERAPY 10AM</b>  <b>Afternoon Activities</b> <b>MUSIC W/ HOBO JIM 1:30PM</b> <ul style="list-style-type: none"> <li>• Table Top Activities</li> <li>• 52 weeks of Trivia</li> <li>• Crosswords &amp; Coloring</li> <li>• Reading Corner</li> </ul>	<b>20 PET THERAPY 10AM</b>  <b>Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Fitness Fun</li> <li>• Balloon Swat</li> <li>• Seasonal Bingo</li> <li>• Free Choice Floor Game</li> <li>• Crosswords &amp; Coloring</li> </ul>	<b>21 VB MUSEUM OF ART 10 AM</b>  <b>Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Sit &amp; Get Fit Exercise</li> <li>• Smile Bean Bag Toss</li> <li>• Kickball</li> <li>• Table Top Activities &amp; Trivia</li> <li>• Crosswords, Coloring, &amp; Reading</li> </ul>	<b>22 Afternoon Activities</b>  <b>MUSIC W/ HOBO JIM 1:30PM</b> <ul style="list-style-type: none"> <li>• Table Top Activities</li> <li>• Magic Table</li> <li>• Crosswords &amp; Coloring</li> <li>• Reading Corner</li> </ul>	<b>23 VB ART CLUB 10 AM</b>  <b>Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Light &amp; Lively Exercise</li> <li>• Target Toss &amp; Basketball</li> <li>• Bingo</li> <li>• Table Top Activities &amp; Trivia</li> <li>• Crosswords &amp; Coloring</li> </ul>
<b>26</b>  <b>Closed for Holiday</b>	<b>27 PET THERAPY 10AM</b>  <b>Afternoon Activities</b> <b>MUSIC THERAPY W/VNA 1:30PM</b> <ul style="list-style-type: none"> <li>• Fitness Fun</li> <li>• Trivia Bingo</li> <li>• Free Choice Floor Game</li> <li>• Crosswords &amp; Coloring</li> </ul>	<b>28 VB MUSEUM OF ART 10 AM</b>  <b>Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Sit &amp; Get Fit Exercise</li> <li>• Splattered Paint Beanbag Toss</li> <li>• Kick Ball</li> <li>• Table Top Activities &amp; Trivia</li> <li>• Crosswords, Coloring, &amp; Reading</li> </ul>	<b>29 Afternoon Activities</b>  <b>MUSIC W/ HOBO JIM 1:30PM</b> <ul style="list-style-type: none"> <li>• Table Top Activities</li> <li>• Magic Table</li> <li>• Crosswords &amp; Coloring</li> <li>• Reading Corner</li> </ul>	<b>30 VB ART CLUB 10 AM</b>  <b>Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Light &amp; Lively Exercise</li> <li>• Bean Bag Toss &amp; Axe Throw</li> <li>• Bingo</li> <li>• Table Top Activities &amp; Trivia</li> <li>• Crosswords &amp; Coloring</li> </ul>