

October 2025 Vero Beach

Day Away

Adult Enrichment & Respite Center

Monday – Friday 7:30 am — 5:30 pm



Senior Resource
ASSOCIATION

Promoting Independence in Our Community

Morning Programs:

8:30 am -11:30 am

Morning Mingle & Coffee
News & Review
Chair Aerobics
Chair Yoga
Brain Games
Arts & Crafts
Tabletop Games
Floor Games
Patio Fun

Lunch: 11:30 am-12:00 pm

PM Snack: 2:30 pm

Rest Period/ Movie Matinee

12:00 pm-1:30 pm

Afternoon Programs:

1:30 pm - 5:30 pm

Activities subject to change
without notice

Location:
686 14th Street
Vero Beach, FL 32960

Main: 772.569.0760 ext.113

Transport: 772.569.0903

SeniorResourceAssociation.org

Monday	Tuesday	Wednesday	Thursday	Friday
		1 VB MUSEUM OF ART 10AM Afternoon Activities MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM <ul style="list-style-type: none"> Twister Toss Kick Ball Table Top Activities & Trivia 	2 Afternoon Activities MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> Table Top Activities Magic Table Crosswords & Coloring Reading Corner 	3 VB ART CLUB 10 AM Afternoon Activities <ul style="list-style-type: none"> Light & Lively Exercise Bowling Blast & Cornhole Bingo Table Top Activities & Trivia Crosswords & Coloring
6 PET THERAPY 10AM Afternoon Activities MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> Table Top Activities Alphabet Antics Crosswords & Coloring Reading Corner 	7 PET THERAPY 10AM Afternoon Activities <ul style="list-style-type: none"> Fitness Fun Balloon Swat Corn Hole Trivia Bingo Crosswords & Coloring 	8 VB MUSEUM OF ART 10AM Afternoon Activities MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM <ul style="list-style-type: none"> Bean Bag Bucketz Kick Ball Table Top Activities & Trivia 	9 Afternoon Activities MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> Table Top Activities Magic Table Crosswords & Coloring Reading Corner 	10 VB ART CLUB 10 AM Afternoon Activities <ul style="list-style-type: none"> Light & Lively Exercise Ring Toss & Basketball Bingo Table Top Activities & Trivia Crosswords & Coloring
13 PET THERAPY 10AM Afternoon Activities MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> Table Top Activities 12 Months of Trivia Crosswords & Coloring Reading Corner 	14 PET THERAPY 10AM MUSIC THERAPY W/VNA 1:30PM Afternoon Activities <ul style="list-style-type: none"> Fitness Fun Bean Bag Bucketz October Bingo Crosswords & Coloring 	15 VB MUSEUM OF ART 10AM Afternoon Activities MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM <ul style="list-style-type: none"> Ring Around the Cone Kick Ball Table Top Activities & Trivia 	16 DOH BITES OF WISDOM 10AM Afternoon Activities MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> Table Top Activities Magic Table Crosswords & Coloring Reading Corner 	17 VB ART CLUB 10 AM Afternoon Activities <ul style="list-style-type: none"> Light & Lively Exercise Colorful Cans & Axe Throw Bingo Table Top Activities & Trivia Crosswords & Coloring
20 PET THERAPY 10AM Afternoon Activities MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> Table Top Activities 52 weeks of Trivia Crosswords & Coloring Reading Corner 	21 PET THERAPY 10AM NUTRITION EDUCATION W/JERICA 2PM Afternoon Activities <ul style="list-style-type: none"> Fitness Fun Tic Tac Toe Toss Trivia Bingo Crosswords & Coloring 	22 VB MUSEUM OF ART 10AM Afternoon Activities MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM <ul style="list-style-type: none"> Smile Bean Bag Toss Kickball Table Top Activities & Trivia 	23 Afternoon Activities MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> Table Top Activities Magic Table Crosswords & Coloring Reading Corner 	24 VB ART CLUB 10 AM Afternoon Activities <ul style="list-style-type: none"> Light & Lively Exercise Flickin' Chicken & Basketball Bingo Table Top Activities & Trivia Crosswords & Coloring
27 PET THERAPY 10AM Afternoon Activities MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> Table Top Activities Trivia Talk Crosswords & Coloring Reading Corner 	28 PET THERAPY 10AM Afternoon Activities <ul style="list-style-type: none"> Fitness Fun Balloon Swat Twister Toss Bingo Crosswords & Coloring 	29 VB MUSEUM OF ART 10AM Afternoon Activities MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM <ul style="list-style-type: none"> Axe Throw Kick Ball Table Top Activities & Trivia 	30 Afternoon Activities MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> Table Top Activities Magic Table Crosswords & Coloring Reading Corner 	31 VB ART CLUB 10 AM Afternoon Activities <ul style="list-style-type: none"> Light & Lively Exercise Ring Toss & Basketball Bingo Table Top Activities & Trivia Crosswords & Coloring