

November 2025 Vero Beach

Day Away

Adult Enrichment & Respite Center

Monday – Friday 7:30 am — 5:30 pm



Senior Resource
ASSOCIATION

Promoting Independence in Our Community

Morning Programs:
8:30 am -11:30 am

Morning Mingle & Coffee
News & Review
Chair Aerobics
Chair Yoga
Brain Games
Arts & Crafts
Tabletop Games
Floor Games
Patio Fun

Lunch: 11:30 am-12:00 pm

PM Snack: 2:30 pm

Rest Period/ Movie Matinee

12:00 pm-1:30 pm

Afternoon Programs:

1:30 pm - 5:30 pm

*Activities subject to change
without notice*

Location:
686 14th Street
Vero Beach, FL 32960

Main: 772.569.0760 ext.113

Transport: 772.569.0903

SeniorResourceAssociation.org

Monday	Tuesday	Wednesday	Thursday	Friday
3 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> - Pick & Play - Alphabet Antics - Crosswords & Coloring - Reading Corner	4 <i>PET THERAPY 10AM</i> Afternoon Activities - Fitness Fun - Balloon Swat - Corn Hole - Trivia Bingo - Color & Company	5 <i>VB MUSEUM OF ART 10AM</i> Afternoon Activities <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i> - Bean Bag Bucketz - Kick Ball - Table Top Activities & Trivia	6 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> - Choose Your Challenge - Magic Table - Crosswords & Coloring - Reading Corner	7 <i>VB ART CLUB 10 AM</i> Afternoon Activities - Light & Lively Exercise - Flickin' Chicken & Basketball - Bingo - Table Top Fun with Friends - Crosswords & Coloring
10 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> - Pick & Play 12 Months of Trivia - Crosswords & Coloring - Reading Corner	11 Closed for Holiday	12 <i>VB MUSEUM OF ART 10AM</i> Afternoon Activities <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i> - Ring Around the Cone - Kick Ball - Table Top Activities & Trivia	13 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> - Choose Your Challenge - Magic Table - Crosswords & Coloring - Reading Corner	14 <i>VB ART CLUB 10 AM</i> Afternoon Activities - Light & Lively Exercise - Colorful Cans & Axe Throw - Bingo - Table Top Fun with Friends - Crosswords & Coloring
17 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> - Pick & Play 52 weeks of Trivia - Crosswords & Coloring - Reading Corner	18 <i>PET THERAPY 10AM</i> Afternoon Activities - Fitness Fun - Balloon Swat - Twister Toss - Bingo - Color & Company	19 <i>VB MUSEUM OF ART 10AM</i> Afternoon Activities <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i> - Smile Bean Bag Toss - Kickball - Table Top Activities & Trivia	20 <i>DOH BITES OF WISDOM 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> - Choose Your Challenge - Magic Table - Crosswords & Coloring - Reading Corner	21 <i>VB ART CLUB 10 AM</i> Afternoon Activities <i>NUTRITION EDUCATION W/TC FOODBANK 1:30PM</i> - Light & Lively Exercise - Ring Toss & Basketball - Table Top Fun with Friends
24 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> - Pick & Play - Trivia Talk - Crosswords & Coloring - Reading Corner	25 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC THERAPY W/VNA 1:30PM</i> - Fitness Fun - Tic Tac Toe Toss - Trivia Bingo	26 <i>VB MUSEUM OF ART 10AM</i> Afternoon Activities <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i> - Axe Throw - Kick Ball - Table Top Activities & Trivia	27 Closed for Holiday	28 Closed for Holiday