

December 2025 Vero Beach

Day Away

Adult Enrichment & Respite Center

Monday – Friday 7:30 am — 5:30 pm



Senior Resource
ASSOCIATION

Promoting Independence in Our Community

Morning Programs:

8:30 am -11:30 am

Morning Mingle & Coffee
News & Review
Chair Aerobics
Chair Yoga
Brain Games
Arts & Crafts
Tabletop Games
Floor Games
Patio Fun

Lunch: 11:30 am-12:00 pm

PM Snack: 2:30 pm

Rest Period/ Movie Matinee

12:00 pm-1:30 pm

Afternoon Programs:

1:30 pm - 5:30 pm

*Activities subject to change
without notice*

Location:
686 14th Street
Vero Beach, FL 32960

Main: 772.569.0760 ext.113

Transport: 772.569.0903

SeniorResourceAssociation.org

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Table Top Activities • 52 weeks of Trivia • Crosswords & Coloring • Reading Corner 	2 <i>PET THERAPY 10AM</i> Afternoon Activities <ul style="list-style-type: none"> • Fitness Fun • Parachute • Twister Toss • Bingo • Color & Company 	3 <i>VB MUSEUM OF ART 10AM</i> Afternoon Activities <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i> <ul style="list-style-type: none"> • Twister Toss • Kick Ball • Table Top Activities & Trivia 	4 <i>BALLET OF VERO BEACH 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Table Top Activities • Magic Table • Crosswords & Coloring • Reading Corner 	5 <i>VB ART CLUB 10 AM</i> Afternoon Activities <ul style="list-style-type: none"> • Light & Lively Exercise • Bowling Blast & Cornhole • Bingo • Table Top Fun with Friends • Crosswords & Coloring
8 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Table Top Activities • Alphabet Antics • Crosswords & Coloring • Reading Corner 	9 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC THERAPY W/VNA 1:30PM</i> <ul style="list-style-type: none"> • Fitness Fun • Bean Bag Bucketz • December Bingo • Color & Company 	10 <i>VB MUSEUM OF ART 10AM</i> Afternoon Activities <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i> <ul style="list-style-type: none"> • Bean Bag Bucketz • Kick Ball • Table Top Activities & Trivia 	11 Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Table Top Activities • Magic Table • Crosswords & Coloring • Reading Corner 	12 <i>VB ART CLUB 10 AM</i> Afternoon Activities <ul style="list-style-type: none"> • Light & Lively Exercise • Ring Toss & Basketball • Bingo • Table Top Fun with Friends • Crosswords & Coloring
15 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Table Top Activities • 12 Months of Trivia • Crosswords & Coloring • Reading Corner 	16 <i>PET THERAPY 10AM</i> Afternoon Activities <i>BALLET OF VERO BEACH 2:30PM</i> <ul style="list-style-type: none"> • Fitness Fun • Tic Tac Toe Toss • Trivia Bingo • Color & Company 	17 <i>VB MUSEUM OF ART 10AM</i> Afternoon Activities <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i> <ul style="list-style-type: none"> • Ring Around the Cone • Kick Ball • Table Top Activities & Trivia 	18 <i>DOH BITES OF WISDOM 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Table Top Activities • Magic Table • Crosswords & Coloring • Reading Corner 	19 <i>VB ART CLUB 10 AM</i> Afternoon Activities <i>NUTRITION EDUCATION W/TC FOODBANK 1:30PM</i> <ul style="list-style-type: none"> • Light & Lively Exercise • Colorful Cans & Axe Throw • Table Top Fun with Friends
22 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Table Top Activities • 52 weeks of Trivia • Crosswords & Coloring • Reading Corner 	23 <i>PET THERAPY 10AM & VB ART CLUB 10 AM</i> Afternoon Activities <ul style="list-style-type: none"> • Fitness Fun • Parachute • Twister Toss • Bingo • Color & Company 	24 <i>VB MUSEUM OF ART 10AM</i> Afternoon Activities <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i> <ul style="list-style-type: none"> • Smile Bean Bag Toss • Kickball • Table Top Activities & Trivia 	25 Closed for Holiday	26 Closed for Holiday
29 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> <ul style="list-style-type: none"> • Table Top Activities • Trivia Talk • Crosswords & Coloring • Reading Corner 	30 <i>PET THERAPY 10AM</i> Afternoon Activities <ul style="list-style-type: none"> • Fitness Fun • Balloon Swat • Corn Hole • Trivia Bingo • Color & Company 	31 <i>VB MUSEUM OF ART 10AM</i> Afternoon Activities <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i> <ul style="list-style-type: none"> • Axe Throw • Kick Ball • Table Top Activities & Trivia 		