

May 2026 Vero Beach

Day Away

Adult Enrichment & Respite Center
Monday – Friday 7:30 am — 5:30 pm



Senior Resource
ASSOCIATION
Promoting Independence in Our Community

Morning Engagements: 8:30 am -11:30 am

- Morning Coffee Social
- Current Events
- Seated Strength & Stretch
- Chair Yoga
- Trivia Time
- Creative Arts
- Tabletop Games
- Floor Activities
- Outdoor Leisure

Lunch: 11:30 am—12:00 pm
PM Snack: 2:30 pm

Rest/Movie Time 12pm -1:30 pm

Afternoon Enrichment: 1:30 pm – 5:30 pm

Activities subject to change without notice

Location:
686 14th Street
Vero Beach, FL 32960

Main: 772.569.0760 ext.113
Transport: 772.569.0903

SeniorResourceAssociation.org

Monday	Tuesday	Wednesday	Thursday	Friday
				1 VB ART CLUB 10 AM Afternoon Enrichment Sessions <ul style="list-style-type: none"> • Light & Lively Exercise • Ring Toss Rally & Basketball • Bingo • Tabletop Games with Friends • Crosswords & Coloring
4 PET THERAPY 10AM Afternoon Enrichment Sessions MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> • Tabletop Games • 52 weeks of Trivia • Crosswords & Coloring • Relax & Unwind 	5 PET THERAPY 10AM Afternoon Enrichment Sessions <ul style="list-style-type: none"> • Fitness Fun • Parachute • Twister Toss • Bingo • Reading Corner 	6 VB MUSEUM OF ART 10AM Afternoon Enrichment Sessions MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM <ul style="list-style-type: none"> • Corn Hole • Kickball Classic • Trivia & Table Top Challenge • Puzzles & Coloring 	7 Afternoon Enrichment Sessions MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> • Tabletop Games • Magic Table Fun Zone • Crosswords & Coloring • Relax & Unwind 	8 VB ART CLUB 10 AM Afternoon Enrichment Sessions <ul style="list-style-type: none"> • Light & Lively Exercise • Bowling Blast & Cornhole • Bingo • Tabletop Games with Friends • Reading Corner
11 PET THERAPY 10AM Afternoon Enrichment Sessions MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> • Tabletop Games • Alphabet Antics • Crosswords & Coloring • Relax & Unwind 	12 PET THERAPY 10AM Afternoon Enrichment Sessions MUSIC THERAPY W/VNA 1:30PM <ul style="list-style-type: none"> • Fitness Fun • Bean Bag Bucketz • May Bingo • Reading Corner 	13 VB MUSEUM OF ART 10AM Afternoon Enrichment Sessions MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM <ul style="list-style-type: none"> • Jumbo Darts • Kickball Classic • Trivia & Table Top Challenge • Puzzles & Coloring 	14 Afternoon Enrichment Sessions MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> • Tabletop Games • Magic Table Fun Zone • Crosswords & Coloring • Relax & Unwind 	15 VB ART CLUB 10 AM Afternoon Enrichment Sessions <ul style="list-style-type: none"> • Light & Lively Exercise • Colorful Cans & Axe Throw • Bingo • Tabletop Games with Friends • Reading Corner
18 PET THERAPY 10AM Afternoon Enrichment Sessions MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> • Tabletop Games • Trivia Showdown • Crosswords & Coloring • Relax & Unwind 	19 PET THERAPY 10AM Afternoon Enrichment Sessions NUTRITION EDUCATION W/TC FOODBANK 1:30PM <ul style="list-style-type: none"> • Fitness Fun • Tic Tac Toe Toss • Trivia Bingo • Reading Corner 	20 VB MUSEUM OF ART 10AM Afternoon Enrichment Sessions MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM <ul style="list-style-type: none"> • Smile Bean Bag Toss • Kickball Classic • Trivia & Table Top Challenge • Puzzles & Coloring 	21 DOH BITES OF WISDOM 10AM Afternoon Enrichment Sessions MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> • Tabletop Games • Magic Table Fun Zone • Crosswords & Coloring • Relax & Unwind 	22 VB ART CLUB 10 AM Afternoon Enrichment Sessions <ul style="list-style-type: none"> • Light & Lively Exercise • Flickin' Chicken & Basketball • Bingo • Table Top Activities & Trivia • Reading Corner
25 Closed for Holiday	26 PET THERAPY 10AM Afternoon Enrichment Sessions <ul style="list-style-type: none"> • Fitness Fun • Corn Hole • Trivia Bingo • Reading Corner 	27 VB MUSEUM OF ART 10AM Afternoon Enrichment Sessions MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM <ul style="list-style-type: none"> • Axe Throw • Kickball Classic • Trivia & Table Top Challenge • Puzzles & Coloring 	28 Afternoon Enrichment Sessions MUSIC W/ HOBO JIM 1:30PM <ul style="list-style-type: none"> • Tabletop Games • Magic Table Fun Zone • Crosswords & Coloring • Relax & Unwind 	29 VB ART CLUB 10 AM Afternoon Enrichment Sessions <ul style="list-style-type: none"> • Light & Lively Exercise • Ring Toss Rally & Parachute • Bingo • Tabletop Games with Friends • Reading Corner