

June 2026 Vero Beach

Day Away

Adult Enrichment & Respite Center

Monday – Friday 7:30 am — 5:30 pm



Senior Resource
ASSOCIATION

Promoting Independence in Our Community

Morning Engagements:

8:30 am -11:30 am

- Morning Coffee Social
- Current Events
- Seated Strength & Stretch
- Chair Yoga
- Trivia Time
- Creative Arts
- Tabletop Games
- Floor Activities
- Outdoor Leisure

Lunch: 11:30 am—12:00 pm

PM Snack: 2:30 pm

Rest/Movie Time 12pm -1:30 pm

Afternoon Enrichment:

1:30 pm – 5:30 pm

Activities subject to change without notice

Location:
686 14th Street
Vero Beach, FL 32960

Main: 772.569.0760 ext.113

Transport: 772.569.0903

SeniorResourceAssociation.org

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 <i>PET THERAPY 10AM</i> Afternoon Enrichment Sessions <i>MUSIC W/ HOBO JIM 1:30PM</i></p> <ul style="list-style-type: none"> • Tabletop Games • Trivia Time • Crosswords & Coloring • Relax & Unwind 	<p>2 <i>PET THERAPY 10AM</i> Afternoon Enrichment Sessions</p> <ul style="list-style-type: none"> • Fitness Fun • Corn Hole • Trivia Bingo • Reading Corner 	<p>3 <i>VB MUSEUM OF ART 10AM</i> Afternoon Enrichment Sessions <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i></p> <ul style="list-style-type: none"> • Smile Bean Bag Toss • Kickball Classic • Trivia & Table Top Challenge • Puzzles & Coloring 	<p>4 Afternoon Enrichment Sessions <i>MUSIC W/ HOBO JIM 1:30PM</i></p> <ul style="list-style-type: none"> • Tabletop Games • Magic Table Fun Zone • Crosswords & Coloring • Relax & Unwind 	<p>5 <i>VB ART CLUB 10 AM</i> Afternoon Enrichment Sessions <i>ACCORDION W/THOM 1:30PM</i></p> <ul style="list-style-type: none"> • Light & Lively Exercise • Bingo • Tabletop Games with Friends • Crosswords & Coloring
<p>8 <i>PET THERAPY 10AM</i> Afternoon Enrichment Sessions <i>MUSIC W/ HOBO JIM 1:30PM</i></p> <ul style="list-style-type: none"> • Tabletop Games • 52 weeks of Trivia • Crosswords & Coloring • Relax & Unwind 	<p>9 <i>PET THERAPY 10AM</i> Afternoon Enrichment Sessions <i>MUSIC THERAPY W/VNA 1:30PM</i></p> <ul style="list-style-type: none"> • Fitness Fun • Bean Bag Bucketz • June Bingo • Reading Corner 	<p>10 <i>VB MUSEUM OF ART 10AM</i> Afternoon Enrichment Sessions <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i></p> <ul style="list-style-type: none"> • Corn Hole • Kickball Classic • Trivia & Table Top Challenge • Puzzles & Coloring 	<p>11 Afternoon Enrichment Sessions <i>MUSIC W/ HOBO JIM 1:30PM</i></p> <ul style="list-style-type: none"> • Tabletop Games • Magic Table Fun Zone • Crosswords & Coloring • Relax & Unwind 	<p>12 <i>VB ART CLUB 10 AM</i> Afternoon Enrichment Sessions</p> <ul style="list-style-type: none"> • Light & Lively Exercise • Bowling Blast & Cornhole • Bingo • Tabletop Games with Friends • Reading Corner
<p>15 <i>PET THERAPY 10AM</i> Afternoon Enrichment Sessions <i>MUSIC W/ HOBO JIM 1:30PM</i></p> <ul style="list-style-type: none"> • Tabletop Games • Alphabet Antics • Crosswords & Coloring • Relax & Unwind 	<p>16 <i>PET THERAPY 10AM</i> Afternoon Enrichment Sessions <i>ACCORDION W/THOM 1:30PM</i></p> <ul style="list-style-type: none"> • Fitness Fun • Parachute • Bingo • Reading Corner 	<p>17 <i>VB MUSEUM OF ART 10AM</i> Afternoon Enrichment Sessions <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i></p> <ul style="list-style-type: none"> • Jumbo Darts • Kickball Classic • Trivia & Table Top Challenge • Puzzles & Coloring 	<p>18 <i>DOH BITES OF WISDOM 10AM</i> Afternoon Enrichment Sessions <i>MUSIC W/ HOBO JIM 1:30PM</i></p> <ul style="list-style-type: none"> • Tabletop Games • Magic Table Fun Zone • Crosswords & Coloring • Relax & Unwind 	<p>19 Closed for Holiday</p>
<p>22 <i>PET THERAPY 10AM</i> Afternoon Enrichment Sessions <i>MUSIC W/ HOBO JIM 1:30PM</i></p> <ul style="list-style-type: none"> • Tabletop Games • Trivia Showdown • Crosswords & Coloring • Relax & Unwind 	<p>23 <i>PET THERAPY 10AM</i> Afternoon Enrichment Sessions <i>NUTRITION EDUCATION W/TC FOODBANK 1:30PM</i></p> <ul style="list-style-type: none"> • Fitness Fun • Tic Tac Toe Toss • Trivia Bingo • Reading Corner 	<p>24 <i>VB MUSEUM OF ART 10AM</i> Afternoon Enrichment Sessions <i>MOVEMENT IN THE MOMENT W/ VB MUSEUM OF ART 1:30PM</i></p> <ul style="list-style-type: none"> • Axe Throw • Kickball Classic • Trivia & Table Top Challenge • Puzzles & Coloring 	<p>25 Afternoon Enrichment Sessions <i>MUSIC W/ HOBO JIM 1:30PM</i></p> <ul style="list-style-type: none"> • Tabletop Games • Magic Table Fun Zone • Crosswords & Coloring • Relax & Unwind 	<p>26 <i>VB ART CLUB 10 AM</i> Afternoon Enrichment Sessions <i>ACCORDION W/THOM 1:30PM</i></p> <ul style="list-style-type: none"> • Light & Lively Exercise • Bingo • Table Top Activities & Trivia • Reading Corner
<p>29 <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i></p> <ul style="list-style-type: none"> • Table Top Activities • 12 Months of Trivia • Crosswords & Coloring • Relax & Unwind 	<p>30 <i>PET THERAPY 10AM</i> Afternoon Enrichment Sessions</p> <ul style="list-style-type: none"> • Fitness Fun • Twister Toss • Trivia Bingo • Reading Corner 			